



TRAINING CALENDAR 2026



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NO	TRAINING	FORMAT (F2F/DC)	VENUE	DAY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUN
Leadership & Supervisory Development										
1	S.A.I.L: Self Awareness in Leadership	F2F	KL	1		12	18	21	5	25
2	S.A.I.L.I.N.C: Self Awareness in Leadership including Nautical Competence	F2F	KL	2				8-9	6-7	29-30
3	T.R.O.P.I.C.S: Take Responsibility Organisationally Personally including Cognisant Skillset & Cognisant Skillsets	F2F	KL	2				14-15	13-14	2-3
4	C.R.O Program: Continuous Resource Optimisation	F2F	KL	2		24-25	17-18	1-2		24-25
5	Train the Trainer (TTT) S.A.I.L and C.R.O	F2F	KL	3					19 - 21	
6	B O A T I N C: Build Our Attitude Through intensive Navigational Competence	F2F	KL	2			10 - 11			
7	C.A.T.E.R: Catering All Task Excellently & Responsibly	F2F	KL	2				15		
Contracts, Risk & Negotiation										
8	Contract Risk Management	F2F	KL	2	27-28			22-23		
9	Contract Negotiation Skills	F2F	KL	2				13-14		
HR, Communication & Technical Writing										
10	Impactful Communication	F2F	KL	2			2-3		6-7	
11	Communicate with Impact in Digital Era	F2F	KL	2			5-6			8-9
12	High Impact Business Writing Skills	F2F	KL	2				13 - 14		11 - 12
13	Impactful Technical Report Writing	F2F	KL	2		9-10		16 - 17		
14	Respectful Workplace Workshop For A More Inclusive, Productive Organization	F2F	KL	2			30		13	
15	Handling Disciplinary Issues, Grievances & Domestic Inquiry at Workplace	F2F	KL	2				27 -28		22 - 23
Wellness										
16	Herbal Infusion For Mental Wellness	F2F	KL	1				13 & 20	20	
Technical & Engineering										
17	Introduction to Oil & Gas: Upstream Overview	F2F	KL	1			31	23	14	24
18	Introduction to Metocean Engineering	F2F	KL	2					7	
Occupational Safety & Health										
19	Smart First Aid Awareness	F2F	KL	1			13	7		5
20	CPR + AED Training	F2F	KL	1		26			05	19
21	Essential Workplace First Aid	F2F	KL	1		30				
22	Certified Industrial First Aider	F2F	KL	2			14 - 15			
23	First Aid Team-Building + Simulatio	F2F	KL	2						6-7
24	Paadiatric First Aid & CPR	F2F	KL	1					20	
25	Advanced Emergency Medical Responder (EMR)	F2F	KL	3				27-29		
26	Emergency Preparedness Webinar Series (Virtual / Hybrid)	F2F	KL	2			17-18			

● F2F : Face to Face

● All dates are subject to change.

● All programmes can be conducted In-House Training, tailored to your company requirements.